Influence of a dopamine pathway additive genetic efficacy score on smoking cessation: results from two randomized clinical trials of bupropion

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ABSTRACT

Aims To evaluate the associations of treatment and an additive genetic efficacy score (AGES) based on dopamine functional polymorphisms with time to first smoking lapse and point prevalence abstinence at end of treatment among participants enrolled into two randomized clinical trials of smoking cessation therapies. Design Double-blind pharmacogenetic efficacy trials randomizing participants to active or placebo bupropion. Study 1 also randomized participants to cognitive–behavioral smoking cessation treatment (CBT) or this treatment with CBT for depression. Study 2 provided standardized behavioural support. Setting Two hospital-affiliated clinics (study 1), and two university-affiliated clinics (study 2). Participants A total of 792 self-identified white treatment-seeking smokers aged ≥18 years smoking ≥10 cigarettes per day over the last year. Measurements Age, gender, Fagerström Test for Nicotine Dependence, dopamine pathway genotypes (rs1800497 [ANKK1 E713K], rs4680 [COMT V158M], DRD4 exon 3 variable number of tandem repeats polymorphism [DRD4 VNTR], SLC6A3′ VNTR) analyzed both separately and as part of an AGES, time to first lapse and point prevalence abstinence at end of treatment. Findings Significant associations of the AGES (hazard ratio [HR] = 1.10, 95% confidence interval [CI] = 1.06–1.14, P = 0.009) and of the DRD4 VNTR (HR = 1.29, 95% CI = 1.17–1.41, P = 0.0073) were observed with time to first lapse. A significant AGES by pharmacotherapy interaction was observed (β standard error = −0.18 [0.07], P = 0.016), such that AGES predicted risk for time to first lapse only for individuals randomized to placebo. Conclusions A score based on functional polymorphisms relating to dopamine pathways appears to predict lapse to smoking following a quit attempt, and the association is mitigated in smokers using bupropion.

Keywords Bupropion, first lapse, genetic, pharmacogenetic analysis, randomized clinical trial.

INTRODUCTION

While smoking cessation markedly reduces the risk of morbidity and premature death [1], sustained abstinence rates with the best available treatments (bupropion, nicotine replacement therapy or varenicline and behavioral counseling) do not exceed 50% by the end of treatment [2–5]. Twin and family studies indicate that nicotine...
dependence and ability to quit smoking have genetic determinants [6–11]. Candidate gene investigations of smoking cessation pharmacotherapies have reported associations between genetic variants in multiple pharmacodynamic (e.g. catecholamine, cholinergic, opioid receptors) and pharmacokinetic [e.g. cytochrome p450 (CYP) 2A6 and 2B6] pathways implicated in nicotine dependence and treatment response [12–16].

Sustained-release bupropion hydrochloride, a first-line treatment for smoking cessation, is an atypical antidepressant with dopaminergic [17] and noradrenergic [17] re-uptake inhibition and cholinergic [18] properties, and is metabolized to hydroxybupropion and other active metabolites by CYP2B6 [19,20].

Numerous studies have reported moderation of bupropion efficacy for smoking cessation by single genetic polymorphisms [21]. The limitations of this approach include a lack of statistical power to detect effects of single variants, genetic confounders and non-genetic confounders [22]. The use of an additive genetic scale has the advantages of considering the collective impact of several variants, relying on prior knowledge of alleles [in contrast to agnostic genome-wide association (GWAS) approaches], and provides greater statistical power than modeling each variant individually if the assumptions of the additive genetic scale accurately model the biological pathway under study. McGeary and colleagues [23] reported the use of a proof-of-concept, bupropion-specific dopamine pathway additive genetic risk score that was associated with smoking cessation in a previous clinical trial of abstinent, alcoholic smokers [23], that assumes an additive genetic model of four dopamine-based risk alleles using the following criteria for marker selection: (i) evidence of moderation of drug response in at least two separate clinical trials; (ii) evidence of functional impact of variant on gene expression and/or endophenotypes of nicotine dependence in humans; and (iii) presence of gene within a relevant pharmacological pathway for the medication (bupropion) and nicotine dependence. This model incorporates four target genes based on evidence from single gene association studies examining variants in two genes associated with expression of dopamine D2 (DRD2) and D4 (DRD4) receptors, one for catechol-O-methyl transferase (COMT) and another for the dopamine transporter (SLC6A3). A systematic review and network analysis by Wang & Li suggested that the dopamine pathway loci with the strongest evidence of association with smoking cessation were DRD2 rs1800497, DRD4 VNTR, COMT rs4680 and SLC6A3 VNTR [24]. Two recent functional magnetic resonance imaging (fMRI) studies provide biologically plausible evidence of dopamine pathway genetic scores of brain reward circuitry activation. Nikolova and colleagues reported that a similar, five-locus (DRD2 −141C Del, DRD2 rs1800497, DRD4 VNTR, COMT rs4680 and SLC6A3 VNTR) dopamine pathway genetic risk score predicted 10.9% of the inter-individual variation in ventral striatum reactivity—a probable site of action for bupropion [25], which was greater than the contribution of any single variant alone [26], and Stice and colleagues also reported that a multi-locus dopamine score using the same variants but a different scoring and weighting scheme was associated with brain reward circuitry reactivity [27].

Genome-wide investigations suggest that hundreds of polymorphisms moderate the efficacy of bupropion and nicotine replacement therapy (NRT) for smoking cessation, yet the variation in drug response explained by any particular allele is minor [28,29]. We are aware of only one other additive genetic predictive test for smoking cessation [30,31] that used nominal associations from GWAS investigations of clinical trials [32]. The present investigation applies an alternative, pharmacological candidate gene approach by developing a predictive efficacy score for drug response to bupropion based on a priori hypotheses regarding the contributions of specific variants in both the pharmacodynamic pathway of nicotine and the dopamine pathways associated with both smoking cessation and bupropion effects. Supporting information Table S1 provides descriptions and rationale for the selection of each polymorphism included into the bupropion additive genetic efficacy score (AGES) for smoking cessation.

The use of a genetic efficacy score has the potential to simplify the incorporation of multiple informative polymorphisms to the process of genetically tailored treatment for smoking cessation. Here we report evidence of bupropion moderation of a smoking cessation outcome by an AGES composed of polymorphisms associated previously with smoking cessation and prior evidence of effects on gene expression and nicotine dependence endophenotypes in neuroimaging studies (see Supporting information Table S1 for details). We were interested in the effect of the AGES on days to first lapse because this phenotype (i) is predictive of longer-term abstinence outcomes [33]; (ii) spans the full period of exposure to drug during which gene × drug interactions are biologically plausible and more likely to be detected; (iii) complies with recommendations from the Society for Research on Nicotine and Tobacco to report survival analyses as well as point-prevalence abstinence [33]; (iv) would be testing the proof of concept AGES using a phenotype (time to first smoking lapse) (TTFSL) not reported previously in extant publications of these four genetic variants using these two clinical trial samples, which reported point-prevalence and continuous abstinence; and (v) was measured during the interval with the highest risk of relapse. Given observations from previously published studies described above, we...
hypothesized that: (i) individuals with higher AGES scores on bupropion would be less likely to lapse and relapse during treatment and that (ii) individuals with lower scores would be more at risk of relapse on placebo, compared with individuals with lower scores on bupropion, respectively.

METHODS

Participant characteristics, detailed procedures, recruitment details and methods are described in detail elsewhere for both study 1 [34,35] and study 2 [36,37]. We have reported previous analyses for some of these genes for both studies using point prevalence outcomes and continuous/prolonged abstinence, but heretofore we have not published results for time to first lapse in association with these variants [35]. The following is a brief overview of both studies used in the current analyses.

Study 1

Participants were European-ancestry smokers randomized in a double-blind manner to bupropion or placebo, stratified by gender, current depressive symptoms and nicotine dependence severity, using the urn randomization technique. Ancestry was assessed by self-report of ‘white, non-Hispanic’ racial/ethnic heritage. Patients were randomized to either bupropion (150 mg/day for the first 3 days, followed by 300 mg/day) or matching placebo for 12 weeks, and either cognitive behavioral therapy (CBT) or CBT with additional emphasis on treatment of depressive symptoms (CBT-D)—both of which involved 12 2-hour sessions delivered at one of two sites at regional medical centers assigned at random (see Lerman et al. [34] for more details about recruitment and behavioral interventions).

Study 2

Participants were European-ancestry smokers randomized to either bupropion or placebo and all participants received behavioral counseling treatment concurrently. Ancestry was assessed by self-report of ‘white, non-Hispanic’ racial/ethnic heritage confirmed by ancestry-informative markers. Treatment consisted of bupropion (150 mg/day for the first 3 days, followed by 300 mg/day) or matching placebo for 10 weeks, and counseling which took place at one of two sites at regional medical centers assigned at random (see Brown et al. [34] for more details about recruitment and behavioral interventions).

Measures

Measured domains available from both studies included (i) descriptive and diagnostic measures, (ii) level of nicotine dependence and (iii) smoking outcomes. Participants provided background information including age, gender, years of education, marital status, number of years of regular smoking and average number of cigarettes per day. Current and past Axis I diagnoses were determined with the Structured Clinical Interview for DSM-IV, non-patient edition [38]. Severity of nicotine dependence was assessed using the Fagerström Test of Nicotine Dependence (FTND) [39], a six-item measure with total scores ranging from 0 to 10, with higher scores indicating higher levels of nicotine dependence. In an effort to characterize two key clinical milestones, the focus of the present investigation is on two separate phenotypes during the period of treatment. The primary outcome of interest was time to first lapse defined as the first time smoking a single puff or more of a cigarette since the quit day. We then examined point-prevalence abstinence at end of treatment (EOT). In an effort to reduce multiple comparisons, we did not evaluate follow-up post-EOT in the present investigation, in part because results from single marker variants and bupropion response at these end-points have been reported in previous publications [35,40–43].

Genotyping

Blood samples for both studies were collected and processed after informed consent using methods described in detail in previous publications [35,36]. DNA was genotyped at the Laboratory of Molecular Carcinogenesis Laboratory at the Georgetown University Lombardi Comprehensive Cancer Center (DRD2 rs1800497 and SLC6A3 VNTR—studies 1 and 2) (Washington, DC), the University of Pennsylvania (COMT rs4680—Study 2), the Primary Care Genetics Laboratory and Translational Research Center (DRD2 rs1800497 from additional study 1 participants) (Pawtucket, RI), the National Institute on Drug Abuse Molecular Neurobiology Laboratory (DRD4 VNTR and COMT rs4680—study 1) (Baltimore, MD) and the SRI International Center for Health Sciences Molecular Genetics Laboratory (DRD4 VNTR—study 2) (Menlo Park, CA) using methods described previously [43–47].

Genetic efficacy score

An additive, continuous genetic efficacy (AGES) score was calculated for each locus (range 0–2) based on the number of putative ‘efficacy’ alleles for moderation of bupropion efficacy for smoking cessation [i.e. (COMT: 0 = GG, 1 = GA; 2 = AA); (DRD2: 0 = AA, 1 = AG, 2 = GG); (DRD4: 0 = SS; 1 = SL; 2 = LL); (SLC6A3: 0 = 99; 1 = 9*; 2 = **)] (SLC6A3 non-9 allele indicated by “*”) [23]. An AGES quotient was calculated for each participant based on the number of efficacy alleles they possessed divided by the total number of possible
alleles (range: 0–8). The quotient adjusts for missing genetic data such that the denominator would be 8 if data for all four polymorphisms were available, but would only be 6 if one of the genotypes were not available. The AGES quotient was calculated only for participants with genotype data available for two or more polymorphisms (see Table 1). The same algorithm for coding AGES was used in both studies.

Statistical analyses

We used maximum likelihood estimation of mixed-effects Cox proportional hazards regression and mixed-effects logistic regression models of the two trials, combined with a random effect representing variability across sites (n = 4) when testing whether or not AGES quotient moderated survival to day of first lapse after quit day and biochemically verified 7-day point prevalence abstinence at the end of treatment (PPA-EOT). Self-reports of no smoking in the past 7 days was confirmed with saliva cotinine values > 15 ng/ml and expired CO < 10 parts per million (p.p.m.). Missed self-reports of smoking status were presumed to be smoking in this intention-to-treat analysis. Age, gender and level of nicotine dependence were included as covariates in all analyses.

Models were first fitted to estimate the main effects of medication and counseling conditions and the relationship of AGES with risk for smoking lapse, followed by an evaluation of whether or not this relationship differed for those allocated to bupropion or placebo (AGES × drug interaction). This primary moderation (AGES × drug) analysis was followed by the removal of AGES index for a post-hoc estimate of the set of four individual genetic risk indices representing a count of respective hypothesized risk alleles (range 0–2). All statistical analyses, tables and figures were generated using R statistical software (http://www.r-project.org/) packages coxme [48], rms [49] and lme4 [50].

RESULTS

Participants

Baseline characteristics (sex, age, race, treatment allocation, cigarettes per day, FTND score, loss to follow-up) were similar across studies (Table 1), although participants in study 1 reported somewhat higher FTND scores (6 versus 5, P < 0.05) and smoked more cigarettes per day (25 versus 22, P < 0.05). The mean age of all participants was 45 years [standard deviation (SD) = 12], and mean cigarette consumption was 23 cigarettes/day (SD = 10). There were no significant differences in other baseline measures between active and placebo groups in

![Table 1 Characteristics of randomized clinical trials of bupropion combined in pooled analyses.](http://www.r-project.org/)

- **Baselines measures**
  - **Bupropion (n = 175)**
    - Female: 88 (50.3%)
    - Age: 45.8 (10.9%)
    - FTND: 6.2 (1.7%)
    - CPD: 24.2 (9.3%)
  - **Placebo (n = 181)**
    - Female: 89 (49.2%)
    - Age: 46.0 (10.8%)
    - FTND: 6.2 (1.8%)
    - CPD: 25.2 (10.3%)
  - **Bupropion (n = 235)**
    - Female: 126 (54%)
    - Age: 44.6 (11.8%)
    - FTND: 5.1 (2.1%)
    - CPD: 21.4 (9.0%)
  - **Placebo (n = 201)**
    - Female: 110 (55%)
    - Age: 44.7 (11.2%)
    - FTND: 5.2 (2.2%)
    - CPD: 21.9 (9.7%)

Values represent means (standard deviation) or frequencies (%). All genotypes were in approximate Hardy–Weinberg equilibrium. AGES = additive genetic efficacy scale; FTND = Fagerström Test for Nicotine Dependence [44]; VNTR = variable number of tandem repeats; CPD = cigarettes per day; PNAT = Pharmacogenetics of Nicotine Addiction Treatment. * SLC6A3 non-9 allele.
either study. There were 356 participants in study 1 and 436 participants in study 2 with sufficient genotype and smoking outcome data for analyses, constituting the final study population of \(n = 792\) for the present investigation.

**Genotype and AGES distribution**

The mean AGES for active and placebo groups combined was similar in studies 1 and 2. However, AGES was lower in the active treatment group (4.4; SD = 1.4) compared to the placebo group (4.4; SD = 1.3) (\(P = 0.02\)) in study 1, while there were no significant differences in mean AGES between active (4.3; SD = 1.4) and placebo (4.4; SD = 1.4) groups in study 2. Missing genotype data ranged from 0–20% for study 1 and 3–13% for study 2. None of the genotypes deviated from Hardy–Weinberg equilibrium except for COMT rs4680 in study 2 [45].

**Abstinence outcomes**

The results of Cox proportional hazards models evaluating time to first lapse using maximum likelihood estimation and logistic regression models evaluating PPA are summarized in Table 2. Proportional hazards assumptions for the model were supported by evaluation of Schoenfeld residuals (\(\chi^2 = 13.86, P < 0.13\)). We first confirmed the pharmacological and behavioral treatment effects of the trials, independent of participants’ genetic status. In both samples, we confirmed a similarly strong effect of bupropion in reducing the risk for smoking lapse and PPA at the end of treatment (\(P < 0.001\)). The main effect of AGES on risk for smoking lapse during treatment was statistically significant [hazard ratios (HR)|[22] = 1.10, 95% confidence interval (CI) = 1.06–1.14] but, on PPA-EOT, it was not statistically significant (odds ratio = 1.00, 95% CI = 0.94–1.05) (Table 2). We also report the performance of individual genotypes on risk of lapse or PPA-EOT using the additive modeling—counting risk alleles [0–2]. The only main effect of any single marker genotype was DRD4 in increasing risk for smoking lapse (HR = 1.29, 95% CI = 1.17–1.41; \(P < 0.008\)).

We then evaluated the primary moderation hypothesis, by combining genetic status (AGES) and treatment in an interaction term and examined the relationship with smoking lapse risk and PPA-EOT. The relationship between the interaction term (AGES \(\times\) drug) and risk for smoking lapse is depicted in Fig. 1 along with shaded regions indicating 95% confidence limits. Participants with lower AGES had a similar risk of lapse whether they received placebo or active drug treatment. However, as AGES increased, the risk of lapse increased in a linear fashion for those receiving placebo. Those participants with the highest AGES have the highest risk of smoking lapse on placebo when compared to active drug. We did not observe a significant moderating effect of AGES with PPA-EOT (\(P < 0.22\)). When evaluating the odds of being abstinent at the end of treatment, those participants with varying levels of AGES scores had similar odds of abstinence in line with the effects of active or placebo treatment received. We explored the potential interaction of

<table>
<thead>
<tr>
<th>Table 2</th>
<th>Cox proportional hazards of time to first lapse and logistic regression models for biochemically verified point prevalence abstinence, genotype and Additive Genetic Efficacy Scale AGES scores in combined analyses ((n = 792)).</th>
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<tbody>
<tr>
<td><strong>Time to first smoking lapse</strong></td>
<td><strong>Abstinence at end of treatment</strong></td>
</tr>
<tr>
<td>Hazard ratio</td>
<td>Beta (SE)</td>
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<tr>
<td>Baseline covariates</td>
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<tr>
<td>Age</td>
<td>1.01</td>
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<tr>
<td>Sex</td>
<td>1.52</td>
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<tr>
<td>FTND</td>
<td>1.48</td>
</tr>
<tr>
<td>*BT</td>
<td>1.31</td>
</tr>
<tr>
<td>Drug</td>
<td>0.57</td>
</tr>
<tr>
<td>Site (SD, (n = 4))</td>
<td>–</td>
</tr>
<tr>
<td>Genotype</td>
<td></td>
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<tr>
<td>DRD2 rs1800497&lt;sup&gt;+&lt;/sup&gt;</td>
<td>1.00</td>
</tr>
<tr>
<td>DRD4 VNTR&lt;sup&gt;c&lt;/sup&gt;</td>
<td>1.29</td>
</tr>
<tr>
<td>COMT rs4680&lt;sup&gt;f&lt;/sup&gt;</td>
<td>1.02</td>
</tr>
<tr>
<td>SLC6A3 VNTR&lt;sup&gt;b&lt;/sup&gt;</td>
<td>0.89</td>
</tr>
<tr>
<td>AGES</td>
<td>1.10</td>
</tr>
<tr>
<td>AGES (\times) drug&lt;sup&gt;+&lt;/sup&gt;</td>
<td>–</td>
</tr>
</tbody>
</table>

AGES = additive genetic efficacy scale; BT = behavioral treatment; FTND = Fagerström Test for Nicotine Dependence (FTND) [44]; VNTR = variable number of tandem repeats; drug = bupropion versus placebo; SD = standard deviation of effect of study recruitment site; SE = standard error. *AGES \(\times\) drug = effects evaluated in models including planned covariates, counseling condition and lower order terms. Individual genes were entered as a block in models without AGES scores. * SLC6A3 non-9 allele.
AGES with gender and FTND. When added as a set, neither of these interaction terms of AGES with FTND \( \beta = 0.001; \) standard error (SE) = 0.02, \( P < 0.97 \) or gender \( \beta = -0.06; \) SE = 0.07, \( P < 0.40 \) were statistically significant in models evaluating lapse risk. Interaction terms evaluating AGES with FTND \( \beta = -0.02; \) SE = 0.03, \( P < 0.50 \) or gender \( \beta = 0.04; \) SE = 0.12, \( P < 0.73 \) also were not significant in the PPA-EOT model.

**DISCUSSION**

Pooled analyses that combined samples from two separate pharmacogenetic trials found that the AGES formula had both a main effect and a moderating effect in altering the efficacy of bupropion (versus placebo) on time to first lapse. The main effect finding suggests that AGES captures genetic variation that might alter several endophenotypes underpinned by dopaminergic circuitry that promote lapse behavior. Candidate endophenotypes include inhibitory control [51], attentional bias towards smoking stimuli [51], urge to smoke [52], anhedonia [51], diminished positive affect [52] and negative affect [52].

The AGES × drug interaction was significant, illustrating that smokers with different AGES scores responded differently to bupropion. As illustrated in Fig. 1, AGES increased lapse risk among smokers randomized to placebo relative to those who received bupropion, suggesting that bupropion offsets increased propensity to lapse with higher AGES scores. Other pharmacogenetic investigations from these trials and others (including additional genetic markers combinations) have shown effects of genotype on smoking cessation in placebo groups [42,53,54]. Bupropion is known to alter re-uptake of synaptic dopamine [18]. Hence, the significant AGES × drug effect enhances the biological plausibility that AGES might be a genetic marker of lapse risk in untreated smokers attempting to maintain abstinence rather than a proxy for some other non-biological environmentally mediated process that may impact lapse (e.g., low socio-economic status) [55].

AGES did not have a significant main effect or interactive effect with drug assignment on PPA measured at EOT. This may indicate that TTFSL reflects a more refined phenotype better suited for identifying genetic effects. Successful cessation depends upon (i) attaining initial abstinence, (ii) maintaining abstinence without a lapse and (iii) if a lapse occurs, avoiding full-blown relapse to pre-cessation levels of smoking [56]. Cessation failure can represent a breakdown at any one of these stages, each of which could reflect different underlying causes. Patient characteristics such as psychopathology, gender and nicotine dependence are differentially predictive with regard to explaining variance in risk of lapse in comparison to other milestones and PPA [57,58]. If genetic factors operate similarly, it is possible that the genetic
variation in dopamine as indicated by AGES might have a notably stronger effect on increasing risk of lapse in comparison to some of the other cessation milestones. A recent study showed that bupropion was specifically effective at offsetting risk of initial lapse [59]. At the same time, the fact that AGES did not predict PPA at EOT suggests that other factors are important for explaining the resumption of regular smoking behavior, which is a paramount clinical outcome in smoking cessation.

The strengths of the present investigation include its relevance to clinical translation towards personalized medicine for smoking cessation, the use of an a priori formula based on biological knowledge, rigorous placebo-controlled design and application of a refined cessation phenotype (i.e. days to lapse) that may be more sensitive for detecting treatment effects than composite phenotypes (e.g. point-prevalence abstinence) [56,59]. Moreover, these results add to an emerging literature utilizing formulas designed to aggregate variation in dopamine polymorphisms on various phenotypes [23,26,27]. Notably, McGeary et al. investigated an AGES that included several of the variants studied here in a placebo-controlled bupropion smoking cessation trial in 90 alcoholics and found no main effects or moderation of treatment efficacy on relapse risk [23]. The current sample was larger and afforded more statistical power to highlight the potential utility of AGES in the general population of treatment-seeking smokers.

Limitations of these trials have been described previously [37], and include lack of generalizability to individuals of non-European descent, probable unmeasured genetic heterogeneity not captured by these four variants [60], modest sample size and minor methodological differences across the two studies, such as shorter duration of pharmacological and behavioral treatment, less intensive counseling and lower EOT abstinence rates in study 2 (10 weeks) versus study 1 (12 weeks), as discussed in other publications [37]. Fewer people were genotyped for SLC6A3 in study 1 and participants were not included in AGES unless they had at least two of four markers. Hence, there are fewer participants with SLC6A3 represented in AGES in comparison to those with DRD4, which could contribute to differences in EOT-PPA outcomes between the previously published papers involving the two randomized controlled trials (RCTs) in this report [37]. In addition, because this initial investigation aimed solely to test whether or not the AGES predicts treatment response, we did not analyze the analytical and clinical utility of particular AGES cut-offs that could be applied in clinical settings such as receiver-operator curves and/or comparisons of the predictive value of AGES to validated non-genetic predictors of smoking cessation (e.g. FTND). Another limitation is that the multi-locus dopamine genetic score explains a fraction of the phenotypic variance in reward pathway responsivity and smoking cessation, and there are many other genetic variants that were not included in the AGES. Several investigations have reported associations with smoking cessation with polymorphisms in cholinergic receptor (e.g. CHRNAS–A3–B4 [14,53,54,61]; CHRNB2 [14,40,54]) and other genes related indirectly to dopamine neurotransmission (e.g. GALR1 or FREQ) [62,63] or the metabolism of bupropion (CYP2B6) [35,36], but these polymorphisms have not, to our knowledge, been replicated in clinical trials of bupropion demonstrating gene × drug interactions. However, dopamine pathway polymorphisms have been the most widely reported pharmacological pathway influencing bupropion efficacy for smoking cessation in retrospective analyses of clinical trials [12,13,21].

In addition, the AGES formula applied equal weights to each polymorphism as a default, counted efficacy alleles for each polymorphism and assumed linear influence for each additional allele based on an additive model assumption, tallied the additive effects across the variants which does not allow for possible interactive effects across different variants (i.e. epistasis) and was limited in candidate gene selection.

Based on the results of this study, and others [23,26,27], we anticipate future refinement of AGES for bupropion and other smoking cessation medications to come with advancement of basic knowledge regarding the functional effects of particular genetic variants on biological pathways implicated in smoking cessation and bupropion pharmacology, incorporation of additional genes and more complete variant coverage in relevant biological pathways [12,63], weighting of each efficacy allele, excluding genes and variants that play little role, and determining whether additive versus dominant models are the most appropriate for incorporated loci. We anticipate that this initial AGES study will help to lay the groundwork for future efforts aimed to develop and refine AGES formulas for smoking cessation treatment response.

Declaration of interests

This work was supported by National Institutes of Health grants DA-027331 (S.P.D.), DA-017441 (S.P.D.), DA-014276 (R.N.), GM-061374 (S.P.D.) and a research support is gratefully acknowledged from the Institute of Medicine and the Bristol University Institute for Advanced Studies Benjamin Meaker Visiting Professorship for S.P.D.; DA-025041 (A.M.L.), HL-032318 and CA-084719 (R.N.); DA-014276 (R.A.B.); CA-063532 and CA-084718 (C.L.), DA-020830 (A.W.B., C.L., G.E.S., N.L.B. and R.F.T.; M.R.M. is a member of the UK Centre for Tobacco Control Studies, a UKCRC Public Health
Research: Centre of Excellence, and funding for from the British Heart Foundation, Cancer Research UK, Economic and Social Research Council, Medical Research Council, and the National Institute for Health Research, under the auspices of the UK Clinical Research Collaboration, is gratefully acknowledged. S.P.D. is a scientific advisor with Genophen and participated in a 1-day workshop with Pfizer. M.R.M. has received research support from Pfizer and GlaxoSmithKline. C.L. has served as a consultant and has received research funding from Astra Zeneca, GlaxoSmithKline and Pfizer. R.F.T. has participated in 1-day workshops with Novartis and McNeil. The other authors have nothing to disclose.

Acknowledgements

We thank Christopher Jepson (University of Pennsylvania), Faith Allen (UCSF), Ruth Krasnow (SRI International), Denise Nishita (SRI International), Garrett Sullivan (Brown University), Li Su (formerly SRI International), Denise Nishita (SRI International), Garrett Sullivan (Brown University), Li Su (formerly SRI International), and Yungang He (formerly SRI International), for curation and management of clinical data, for management of biospecimens and for generation and management of genotyping data.

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Supporting information

Additional Supporting information may be found in the online version of this article at the publisher’s website:

Table S1 Descriptions of candidate gene polymorphisms included in additive genetic efficacy score (AGES) for smoking cessation.